

### **2023 Open Enrollment** Virtual Health/Wellness Virtual Benefits Fair

Welcome to the 2023 State Judicial Branch Open Enrollment Virtual Health/Wellness Virtual Benefits Fair. The open enrollment period is from September 18, 2023 through October 13, 2023. During this timeframe, you will be able to enroll, cancel, and/or change your election to the following plan(s):

- Medical
- Dental
- Vision
- Flex Elect Plans (Reimbursement and Cash Option)
- Long Term Disability
- Group Legal Services Insurance Plan
- Supplemental Life Insurance

To assist you in making informed decisions about your healthcare, the Judicial Council Human Resources office has compiled information from the plan administrators which you can access at your convenience. Below is a summary of information contained in this document:

- *Health Plan Changes for 2024 (New):* Summary of health plan changes for the upcoming 2024 plan year.
- *Online Presentations:* Includes live webinars, on-demand webinars, recorded presentations, virtual/interactive platforms, and other educational videos
- *Benefit Summary:* Summary of benefit documents, evidence of coverage booklets, program guides, comparison charts, plan summaries, overviews, and newsletters.
- *Helpful Links:* Provider/location directories, member guides, enrollment brochures/kits, digital publications, frequently asked questions, and benefits calculators/estimator tools.

If you have any additional questions, please contact your assigned Judicial Council Pay and Benefits representative.



# **Health Plan Changes for 2024 Plan Year**

Listed below is a summary of the health plan changes for the 2024 plan year.

Health Maintenance Organization	(HMO) and Exclusive Provider Organization (EPO)
Plan Name	Changes for 2024
Anthem Blue Cross Traditional	Exits Glenn County
Blue Shield Access + EPO	Expansion into Del Norte and San Benito counties
Health Net SmartCare of California	Exits all counties; no longer part of CalPERS health plan offerings
United Healthcare SignatureValue Harmony	Expansion into Santa Clara and Santa Cruz counties
Preferred Provider Organiza	tion (PPO)
Plan Name	Changes for 2024
PERS Gold	Site of care lab services incentive waives coinsurance when members use preferred lab providers for routine lab tests; Basic PPO out-of-network deductible will increase from \$1,000 to \$2,000
PERS Platinum	Site of care lab services incentive waives coinsurance when members use preferred lab providers for routine lab tests; Basic PPO out-of-network deductible will increase from \$500 to \$2,000
Optum Rx Pharmacy Benefits	
Plan Name	Changes for 2024
Participating Health Plans	Pharmacy mail-order program with opt-out option guiding members to use home delivery for non-specialty maintenance medications



Supplement to Medicare Plans			
Plan Name	Changes for 2024		
Anthem Blue Cross Medicare Preferred (PPO)	New supplemental benefits: Personal Emergency Response System (PERS) devices and in-home support services		
Kaiser Permanente Senior Advantage Summit	Expansion into eight out-of-state regions: Colorado, Hawaii, Georgia, Northwest (Oregon, Washington), Mid-Atlantic (Virginia, Maryland, District of Columbia), and Washington		
UnitedHealthcare Medicare Advantage Edge	Changing from \$0 to a \$50 copay for emergency room visits		
Western Health Advantage MyCare Select	Expansion into Humboldt County		



### **Online Virtual Benefits Fair**

CalPERS hosted a webinar that provided health plan resources on Wednesday, September 13, 2023. This recorded webinar can be found here: <u>CalPERS Health Open Enrollment Webinar</u>.

CalHR also hosted a Virtual Benefits Fair on **Wednesday**, **September 13 and Thursday**, **September 14, 2023.** CalHR's Virtual Benefits Fair provided resources for all benefit plans and included a live Q&A session. This recorded webinar can be found here: <u>CalHR Virtual Benefits Fair</u>.

Both of these on-demand webinars will be available through October 13, 2023.

### **Table of Contents for Benefit Plan Administrators**

### **Health Maintenance Organizations (HMO):**

**Anthem Traditional** 

**Anthem Select** 

BlueShield Access +

BlueShield Trio

Health Net Salud HMO y Más

**Kaiser Permanente** 

Sharp Health Plan

UnitedHealthCare Signature Value Alliance HMO

UnitedHealthCare Signature Value Harmony HMO

Western Health Advantage

#### **Exclusive Provider Option (EPO):**

Anthem Blue Cross Del Norte EPO

BlueShield Access+ EPO (Alpine, Calaveras, Colusa, Del Norte, Inyo, Lake, Lassen,

Mendocino, Modoc, Mono, Plumas, San Benito, Shasta, Sierra, Siskiyou, Tehama,

**Trinity and Tuolumne counties**)

#### **Preferred Provider Organization (PPO):**

PERS Gold

**PERS Platinum** 

#### **Other Health Plan Resources**

**OPTUM RX** 

CalPERS

Dignity Health

Sutter Health

Hill Physician

**Brown and Toland Physicians** 

**UC Davis Health** 

#### **Dental Plans**

Delta Dental PPO plus Premier

Delta Dental PPO

DeltaCare

Premier Access

MetLife

Western Dental



#### **Vision Plans**

<u>Vision Services Plan Basic</u> <u>Vision Services Plan Premier</u>

#### **Flex Elect Plans**

Medical and Dependent Care Reimbursement Plans
Cash Option Plan
ASI Flex

### **Long Term Disability**

### **Group Legal Services Insurance Plan**

#### **Wellness Resources**

Wellness Resources available through Healthcare Providers
Retirement Planning Resources
Community-based and Volunteering Resources



## **Health Maintenance Organizations (HMO)**

	Online Presentation	Benefit Summary	Helpful Links
Anthem. Anthem Blue Cross Traditional HMO 855-839-4524		Traditional HMO 2024 Summary of Benefits  Traditional HMO 2024 Evidence of Coverage	Traditional and Select HMO Provider Directory  Traditional HMO 2024 Benefits Guide
Anthem. Anthem Blue Cross Select HMO 855-839-4524		Select HMO 2024 Summary of Benefits  Select HMO 2024 Evidence of Coverage	Select HMO Provider Directory  Select HMO 2024 Benefits Guide
BlueShield of California Access + HMO 800-334-5847	2024 CalPERS Blue Shield of California Benefit Presentation Video	2024 Access + HMO Summary of Benefits and Coverage  2024 Access + HMO Evidence of Coverage	Online Access + Provider/Facility Search  Schedule Appointment with Blue Shield Representative
BlueShield of California Trio 800-334-5847	2024 CalPERS Blue Shield of California Benefit Presentation Video	2024 Trio HMO Summary of Benefits and Coverage  2024 Trio HMO Evidence of Coverage	Trio Service Areas and Zip Codes  Online Trio HMO Provider/Facility Search



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			Schedule Appointment with Blue Shield Representative
Health Net Salud HMO y Más 888-926-4921	Health Net 2024 Open Enrollment Video	2024 Salud HMO y Más Summary of Benefits and Coverage  2024 Salud HMO y Más Evidence of Coverage	Health Net Member Guide  Online Provider/Facility Search Tool  Minute Clinic Quick Reference Guide  Wellness Program
Kaiser Permanente 800-305-1220	Join live 2024 Open Enrollment Webinars on Wednesdays, September 20 & 27, October 4 & 11 at 11:00am  On Demand 2024 CalPERS Open Enrollment Webinar	2024 Summary of Benefits and Coverage  2024 Evidence of Coverage	Kaiser Open Enrollment HUB  Online Provider and Facility Directory  Health and Wellness Resources  2024 Open Enrollment Guide
SHARP. HEALTH PLAN  Sharp Health Plan 855-995-5004	Sharp Performance Plus Health Plan for CalPERS members	2024 Summary of Benefits and Coverage  2024 Summary of Benefits  2024 Evidence of Coverage	Member Resource Guide  Online Provider and Facility Directory  Performance Network Overview



UnitedHealthcare  UnitedHealthcare SignatureValue Alliance HMO 877-359-3714	CalPERS 2024 UnitedHealthCare Presentation  UHC Virtual Education Center	2024 UnitedHealthcare Summary of Benefits and Coverage  2024 Evidence of Coverage	Open Enrollment Brochure  Online Provider and Facility Directory  Member Resource
UnitedHealthcare  UnitedHealthcare SignatureValue Harmony HMO 877-359-3714	CalPERS 2024 UnitedHealthCare Presentation  UHC Virtual Education Center	2024 UnitedHealthcare Summary of Benefits and Coverage  2024 Evidence of Coverage	Open Enrollment Brochure  Online Provider and Facility Directory  Member Resource
Western Health Advantage  Western Health Advantage  888-942-7377	Western Health Advantage Open Enrollment Video	2024 Summary of Benefits and Coverage  2024 Evidence of Coverage	2024 Open Enrollment Booklet  2024 Plan Highlights  Online Provider Networks  Online Provider and Facility Directory



## **Exclusive Provider Options (EPO)**

	Online Presentation	Benefit Summary	Helpful Links
Anthem. Anthem Blue Cross Del Norte EPO 855-839-4524		EPO 2024 Summary of Benefits  EPO 2024 Evidence of Coverage	Del Norte County EPO Providers  2024 Benefits Guide
BlueShield of California EPO (18 counties within California) 800-334-5847	Blue Shield of California EPO Plan Interactive Video	2024 EPO Summary of Benefits and Coverage  2024 EPO Evidence of Coverage	Schedule Appointment with Blue Shield Representative

## **Preferred Provider Organization (PPO)**

	Online Presentation	Benefit Summary	Helpful Links
Anthem. Anthem Blue Cross PERS Gold 877-737-7776		2024 Summary of Benefits  2024 Evidence of Coverage	Online Provider and Facility Directory
Anthem. Anthem Blue Cross PERS Platinum 877-737-7776		2024 Summary of Benefits  2024 Evidence of Coverage	Online Provider and Facility Directory



## **Other Health Plan Resources**

	Online Presentation	Plan Documents	Helpful Links
OPTUMRX  OPTUM RX  Pharmacy Benefit Manager for Anthem (HMO/PPO/EPO), Health Net, Sharp, UnitedHealthcare, and Western Health Advantage Plans)  855-505-8110	CalPERS Prescription Benefits Presentation – Administered by OPTUM RX	Evidence of Coverage Booklet	Online Network Pharmacy Directory  Prescription Drug Pricing Tool  Frequently Asked Questions  2024 Basic/Commercial Maintenance Medication Program
CalPERS  CalPERS  Health Plan Administrator 888-225-7377	Your MyCalPERS Account For Active and Inactive Members  CalPERS On-Demand Education Videos  Health Enrollment Self-Service Portal My CalPERS  CalPERS health enrollment in myCalPERS tutorial Video	Health Program Guide  2024 Health Benefits Summary  Health Benefit Plan Enrollment Form for Active Employees (HBD-12)  2023 Open Enrollment Newsletter	Your Guide to Choosing a Health Plan  MyCalPERS  Health Plans and Rates  Health Plan Search by Zip Code
Dignity Health.  Dignity Health  Medical Group	Open Enrollment Video  Dignity Health Video Libraries  Doc Talk Videos		Online Provider Directory  Online Location Directory  Request a Consultation  Dignity Health Brochure

		1920	HOMAN RESOURCES
Sutter Health  Sutter Health	Get to Know Sutter Health During Open Enrollment for CalPERS		Online Provider Directory
Medical Group 855-532-6400 Email: employer@sutterhealth.org	Live Webinar Library		My Health Online Benefits
Physicians Hill Physicians			Online Provider Directory
Medical Group 800-445-5747			Online Urgent Care Center Directory
BROWN & TOLAND			Member Resources
PHYSICIANS			Online Provider Directory
Brown and Toland Physicians Medical Group 800-225-5637			Online Hospital and Labs Directory
UCDAVIS HEALTH	Open Enrollment Choose UC Davis Health Booklet		Open Enrollment Section
UC Davis Health Medical Group 800-282-3284			Online Provider Directory  Online Primary Care Locations
			Directory
			Frequently Asked Questions



# **Dental Plans**

	Online Presentation	Benefit Summary	Helpful Links
Delta Dental PPO plus Premier Plan 9949 800-225-3368	Delta Dental Enrollee Online Tools	Delta Dental PPO plus Premier Plan Highlights  Delta Dental PPO plus Premier Evidence of Coverage  CalHR Dental Benefit Summary  2024 Dental Benefits Handbook for Active Employees  Delta Dental PPO Plus Premier and PPO Coverage and Cost Comparison	Online Provider Directory  Wellness Site  CalHR Frequently Asked Questions  Dental Plan Enrollment Authorization STD 692  CalHR Open Enrollment Summary  CalHR Benefits Calculator
Delta Dental PPO Plan 9946 800-225-3368	Delta Dental Enrollee Online Tools	Delta Dental PPO Plan Highlights  Delta Dental PPO Evidence of Coverage  CalHR Dental Benefit Summary  2024 Dental Benefits Handbook for Active Employees  Delta Dental PPO Plus Premier and PPO Coverage and Cost Comparison	Online Provider Directory  Wellness Site  CalHR Frequently Asked Questions  Dental Plan Enrollment Authorization STD 692  CalHR Open Enrollment Summary  CalHR Benefits Calculator



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△ DELTA DENTAL	Delta Dental Enrollee Online Tools	DeltaCare USA Plan Highlights	Online Provider Directory
DeltaCare DHMO		DeltaCare USA Plan Evidence of Coverage	Wellness Site
800-422-4234		CalHR Dental Benefit Summary	CalHR Frequently Asked Questions
		2024 Dental Benefits Handbook for Active Employees	Dental Plan Enrollment Authorization STD 692
			<u>CalHR Open Enrollment</u> <u>Summary</u>
			CalHR Benefits Calculator
Premier ACCESS	Premier Access Benefits highlights	Schedule of Benefits	Online Provider Directory
Premier Access		CalHR Dental Benefit Summary	CalHR Frequently Asked Questions
DHMO 888-534-3466		2024 Dental Benefits Handbook for Active Employees	Dental Plan Enrollment Authorization STD 692
			CalHR Open Enrollment Summary
			CalHR Benefits Calculator
MetLife	State of California DHMO Insurance	Schedule of Benefits	Online Provider Directory
MetLife DHMO 800-888-1800		CalHR Dental Benefit Summary	MetLife Frequently Asked Questions



	2024 Dental Benefits Handbook for	CalHR Frequently Asked
	Active Employees	Questions
		Dental Plan Enrollment
		Authorization STD 692
		CalHR Open Enrollment Summary
		CalHR Benefits Calculator
Western Dental® & Orthodontics		
a orthodolities	<u>Plan Summary</u>	Online Provider Search
Western Dental DHMO	Schedule of Benefits	Online Location Search
866-859-7525	CalHR Dental Benefit Summary	CalHR Frequently Asked
		Questions
	2024 Dental Benefits Handbook for Active Employees	Dental Plan Enrollment
	Active Employees	Authorization STD 692
	Waste Bastel Bastella and Charles	CalHR Open Enrollment
	Western Dental Benefits at a Glace	<u>Summary</u>
		CalHR Benefits Calculator

# **Vision Plans**

	Online Presentation	Benefit Summary	Helpful Links
VS Po	Open Enrollment Employee Benefits Presentation	2024 Member Vision Benefits Summary	Enrollment/Change Portal



Vision Services Plan (VSP) Basic Plan		Evidence of Coverage	Frequently Asked Questions
800-877-7195		CalHR Vision Benefit Summary	Online Provider Directory
			<u>CalHR Open Enrollment</u> <u>Summary</u>
			CalHR Benefits Calculator
VSO	Open Enrollment Employee Benefits	2024 Member Vision Benefits	Enrollment/Change Portal
Vision Care I  Vision Services Plan (VSP)	<u>Presentation</u>	Summary	Frequently Asked Questions
Premier Plan 800-877-7195		Evidence of Coverage	Online Provider Directory
800-877-7193		CalHR Vision Benefit Summary	CalHR Open Enrollment
			Summary
			<b>CalHR Benefits Calculator</b>

# Flex Elect Plans

	Online Presentation	Benefit Summary	Helpful Links
CAL HR CALIFORNIA DEPARTMENT OF HUMAN RESOURCES  Medical and Dependent Care		Reimbursement Plan Summary  Medical Reimbursement Account	Reimbursement Account Enrollment Authorization Form STD 701-R
Reimbursement Plan		Summary	
			FlexElect Reimbursement
		<b>Dependent Care Reimbursement</b>	Claim Form CalHR 351
		<b>Account Summary</b>	
			<b>CalHR Open Enrollment</b>
		2024 FlexElect Handbook	<u>Summary</u>

			CalHR Benefits Calculator  Flex Elect Reimbursement Flyer
			Health Care Flexible Spending Account Summary Sheet
			Dependent Care Flexible Spending Account Summary Sheet
CAL HR CALIFORNIA DEPARTMENT OF HUMAN RESOURCES  Medical and Dental Cash Option Plan		Cash Option Plan Summary  2024 FlexElect Handbook	Cash Option Enrollment Authorization Form STD 701-C  CalHR Open Enrollment
			Summary  CalHR Benefits Calculator
ASI	ASI Helpful Videos	HealthCare FSA Information	ASI Forms
ASI Flex Medical and Dependent Care Reimbursement Plan Adminsrator 800-659-3035		Dependent Care FSA Information	Frequently Asked Questions  Savings Calculator



# **Long Term Disability (LTD)**

	Online Presentation	Benefit Summary	Helpful Links
TheStandard *	LTD Decision Support Tools	Group LTD Guide	LTD Online Enrollment
The Standard	LTD online presentation	LTD Certificate of Insurance	Key Features of LTD Plan
888-641-7193		LTD Summary (CalHR)	LTD Needs Estimator
		Know your Group LTD Benefits	LTD Premium Calculator

### **Group Legal Services Insurance Plan**

	Online Presentation	Benefit Summary	Helpful Links
ARAG	What is Legal Insurance	Plan Details	Online Enrollment
ARAG *Access Code 10202soc	How to enroll in Group Legal Insurance Plan	Group Legal Services Insurance Plan Summary (CalHR)	ARAG Learning Center
866-762-0972			Online Attorney Directory
			Savings Estimator



We are providing the following wellness-related links to various resources offered by the Judicial Council's benefits providers, which are free to both members and non-members.

### Wellness Resources available through Healthcare Providers

Kaiser Permanente Monthly Health Topics Kaiser Monthly Health Topics

Kaiser Permanente Self Care Page Kaiser Self Care Page

Anthem Blue Cross Health & Wellness

Blue Shield

Blue Shield Wellness Resources

Health Net Wellness Webinars

United Healthcare Alliance

Western Health Advantage

Sharp Health Plan

Blue Shield Wellness Resources

Health Net Wellness Webinars

Health and Wellness Topics

Health and Wellness Resources

Prevention and Wellness Resources

#### **Retirement Planning Resources**

**Savings Plus (SF)**To book an online appointment, click:

https://www.timetap.com/appts/bBKdspXImtb#/

**Savings Plus (SAC)** To book an online appointment, click:

https://meetingwithjayjavier.myretirementappt.com/#/

**CalPERS Retirement** To book an appointment, click:

https://www.calpers.ca.gov/page/contact/headquarters-

regional-offices/make-an-appointment

#### **Free State Wellness Resources and Webinars**

Savings Plus Event Calendar Click to register

CalPERS Member Education Portal Click for more information

CalPERS BlueShield On-demand Webinars
Western Health CommunityFIT
View schedule

California 211 https://www.211ca.org/



### Judicial Council of California Administrative Division

**Human Resources** 

Pay and Benefits		
Agency	ray and benefits	Phone Number
Agency	Specialist	
Judicial Officers	Rowena Tabar	415-865-4323
Supreme Court of California	Aurora Cazares	415-865-4304
California Judicial Center Library	Aurora Cazares	415-865-4304
Courts of Appeal		
First Appellate District	Hoa Tran	415-865-5335
Second Appellate District	Galina Osachiy	415-865-7611
Third Appellate District	Angela Yip	415-865-8986
Fourth Appellate District	Chantel Perrella	415-865-4279
Fifth Appellate District	Rochelle Mosley	415-865-4298
Sixth Appellate District	Rochelle Mosley	415-865-4298
Commission on Judicial Performance	Rochelle Mosley	415-865-4298
Habeas Corpus Resource Center	Angela Yip	415-865-8986
Judicial Council		
Audit Services	Aurora Cazares	415-865-4304
Executive Office	Stephen Chow	415-865-4576
Governmental Affairs	Hoa Tran	415-865-5335
Public Affairs	Aurora Cazares	415-865-4304
Leadership Services Division		
Leadership Support Services	Hoa Tran	415-865-5335
Legal Services	Galina Osachiy	415-865-7611
Operations & Programs Division		
Business Management Services	Galina Osachiy	415-865-7611



Center for Families, Children & the Courts	Angela Yip	415-865-8986
Center for Judicial Education and Research	Angela Yip	415-865-8986
Criminal Justice	Chantel Perrella	415-865-4279
Information Technology	Aurora Cazares	415-865-4304
Administrative Division		
Branch Accounting and Procurement	Hoa Tran	415-865-5335
Budget Services	Angela Yip	415-865-8986
Facilities Services	Rochelle Mosley	415-865-4298
Human Resources	Rochelle Mosley	415-865-4298